

### **ABSTRACT OF THE DISCLOSURE**

Medicament compositions are in the shape of a dental tray or tray-like configuration, optionally in combination with a protective barrier layer. Shaped medicament compositions comprise a substantially solid medicament layer that has increased adhesiveness to teeth and/or gingiva when moistened with saliva or water. The shape of the medicament composition facilitates placement of the composition over a person's teeth and/or gingiva with substantially less manipulation compared to the use of initially flat strips. The substantially solid medicament composition becomes more adhesive when moistened with saliva or water, yet remains intact and coherent after the medicament composition is placed over a person's teeth and/or gingiva, particularly when used in combination with a moisture-resistant barrier. The result is that the moistened medicament composition is able to reliably adhere against a user's teeth and/or gingiva during a treatment procedure.

WORKMAN NYDEGGER  
A PROFESSIONAL CORPORATION  
ATTORNEYS AT LAW  
1000 EAGLE GATE TOWER  
60 EAST SOUTH TEMPLE  
SALT LAKE CITY, UTAH 84111

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